

PRUEBA DE PERIODO 2 INGLES CLEI 5

Fountain of youth

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The explorer Ponce de León spent considerable time and effort nearly 500 years in his unsuccessful search for the "fountain of youth". He believed that when he located this elusive fountain, its waters would keep him eternally young. Throughout history, people have tried in various ways to retard the aging process. Now a doctor in California thinks that we may actually have moved a step closer to doing so.

Dr. Jaime Miquel, whose research is, conducted in conjunction with the National Aeronautics and Space Administration, says at weightlessness, such as that experienced by the astronauts and gravity-free environment, could enable a person to live longer. In the absence of gravity, a person can survive with smaller supplies of food and oxygen. In a normal environment, about one-third of the body's energy is used to combat the effects of gravity. In a weightless environment, a person's organs don't have to work as hard and may last longer. Dr. Miquel's research indicates that a person could slow the aging process by as 10 to 15 percent while in space.

These findings do not, however, indicate that the key to a long life is to rush out and buy a ticket on the next space shuttle. While living in a weightless environment does appear to slow the aging process, it causes other problems. There is evidence that bone and muscles lose the ability to function normally when they adapt to a lack of gravity. In the case of every astronaut so far, this loss of muscle function normally when has been reversed after the return to Earth. No humans have remained long enough in a weightless environment to show whether or not permanent damage might occur. Your best chance for a long life is to eat and drink sensibly, get enough rest, and avoid smoking.

Responda las preguntas de la 1 a la 10 de acuerdo al texto.

1. Something elusive is:

- ☐ A. Brightly ill
- ☐ B. Hard to find
- ☐ C. Sticky
- ☐ D. Confined to the rich

2. Weightlessness occurs

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- ☐ a. When you don't eat.
- ☐ b. On alternate Sundays.
- ☐ c. In a gravity-free environment.
- ☐ d. After a trip in space.

3. Weightlessness slows aging because.

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- ☐ a. Lighter people live longer.
- ☐ b. The body's organs work less.
- ☐ c. Doctors want it to do so
- ☐ d. Planets have no birthdays.

4. For Ponce de Leon, eternal youth.

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- ☐ a. Was found in a fountain.
- ☐ b. Became easy to find.
- ☐ c. Was located in Florida
- ☐ d. Was an impossible dream

5. Life in outer space could cause.

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- ☐ a. Muscles to become stronger.
- ☐ b. Bone and muscle problems.
- ☐ c. People to gain weight.
- ☐ d. A shorter life span.

6. Your best chance of a long life.

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- ☐ a. Comes from taking a rocket
- ☐ b. Involves taking care of yourself.
- ☐ c. Can't be controlled in any way.
- ☐ d. Depends on your marks in school.

7. Without gravity, a person requires.

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- ☐ a. Extra clothes for warmth.
- ☐ b. Objects for entertainment.
- ☐ c. Less food and oxygen.

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8. Staying eternally young means.

- ☐ a. Neve growing old
- ☐ b. Wearing childish clothes.
- ☐ c. Having a good time.
- ☐ d. Celebr/ating birthdays

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9. The best chance for a long life is :

- ☐ a. Get enough and smoking.
- ☐ b. To smoking and to work.
- ☐ c. To eat and drink sensibly.
- ☐ d. Never growing.

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10. Life in outer space could cause.

- ☐ a. A shorter life span.
- ☐ b. People to again weight.
- ☐ c. Bone and muscle problems.
- ☐ d. Muscles to become stronger.