**TALLER DE REFUERZO DE INGLÉS 9°**

**PERIODO 3, 2018**

1. Write down what a healthy life style is. Give examples of healthy life styles.
2. Write down the definition of the next words:

Diet, desease, energy, protect, Physical, organic food.

1. Write a sentence in English for each word provided above.
2. What should you avoid to stay healthy?
3. With all or some of the next items, try to make up or find a recipe you can describe by yourself. After describing the ingredients and preparation of the recipe, you are going to write why is it important for you to start eating that food.

Egg, tomato, carrot, meat, rice, water, lemon, Apple, milk.